



TRAINEE SCHEDULE

Monday

9:30-11:00	Technique
11:00-12:00	Pointe/Men's
12:00-1:00	Variations
2:00-3:30	Conditioning

Tuesday

9:30-11:00	Technique
11:00-12:00	Pointe
12:00-1:15	Repertoire
1:30-2:30	Flamenco
3:00-4:00	Modern

Wednesday

9:30-11:00	Technique
11:00-12:00	Pointe/Men's
12:00-1:30	Contemporary Pas de Deux
2:00-3:30	Technique

Thursday

9:30-11:00	Technique
11:00-12:30	Rehearsal
12:45-2:00	Pas de Deux
2:45-4:00	Technique

Friday

9:30-11:00	Technique
11:00-12:00	Pointe/Men's
12:00-1:00	Variations/Rehearsal
2:00-3:00	Conditioning
3:00-4:00	Modern

Saturday

9:30-11:00	Technique
11:00-12:30	Contemporary Pas de Deux
1:45-3:30	Ensemble/Choreography Workshop/Professional Development Lecture